

POLITEKNIK KESEHATAN TANJUNGPUR
PROGRAM STUDI KEPERAWATAN KOTABUMI
Laporan Tugas Akhir, 14 Maret 2022

Kartika,

Laporan Tugas Akhir Asuhan Keperawatan Pasien Dengan Gangguan Nutrisi Dan Cairan pada kasus Diabetes Melitus Terhadap Ny. E Di Ruang Freesia Lantai 3 RSUD Handayani Kotabumi Lampung Utara, tanggal 14-16 Maret 2022

xv + 63 halaman, 9 tabel, dan 2 gambar

RINGKASAN

Diabetes melitus adalah salah satu penyebab morbiditas dan kematian di seluruh dunia dengan sekitar 1,3 juta orang meninggal dan 4% meninggal sebelum usia 70 tahun. Pada tahun 2030 diperkirakan Diabetes Melitus menempati urutan ke-7 penyebab kematian dunia.

Tujuan penulisan Laporan Tugas Akhir ini adalah penulis dapat meningkatkan pengetahuan dan kemampuan dalam menerapkan asuhan keperawatan pada pasien Ny. E dengan kasus Diabetes Melitus (DM) di Ruang Freesia Lantai 3 RSUD Handayani Kotabumi Lampung Utara.

Dari hasil pengkajian ditemukan data yaitu pasien mengatakan badan terasa lemas dan mudah letih. Kadar glukosa gula darah tinggi dengan Gula Darah Sewaktu (GDS) 393 gr/dl. Pasien mengatakan sering merasa haus dan mudah lapar, pasien mengatakan sering BAK 10 x/hari. pasien mengatakan pusing berputar dan nyeri diarea kepala. Pasien mengatakan aktivitas dibantu keluarga. Pasien mengatakan aktivitasnya terbatas, sehingga diagnosa keperawatan yang muncul yaitu ketidakstabilan kadar glukosa darah, nyeri akut, intoleransi aktivitas. Rencana dan implementasi keperawatan dibuat sesuai kebutuhan dan sesuai keadaan pasien.

Simpulan dari laporan tugas akhir ini tidak semua teori proses keperawatan kasus diabetes melitus sesuai dengan kondisi pasien pada kenyataan. Saran hendaknya dapat memperbaiki kesulitan dalam melakukan asuhan keperawatan dan menyediakan informasi dan referensi yang lebih lengkap dalam perkembangan ilmu keperawatan medikal bedah khususnya asuhan keperawatan pada pasien Diabetes Melitus.

Kata kunci : Asuhan Keperawatan Diabetes Melitus Dengan Gangguan Nutrisi Dan Cairan

Sumber Bacaan : 15 (2012 – 2022)

TANJUNGPURBA HEALTH POLYTECHNIC
KOTABUMI NURSING STUDY PROGRAM
Final project report, 14 March 2022

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Final Project Report on Nursing Care of Patients with Nutritional and Fluid Disorders in the case of Diabetes Mellitus against Ny. E in the Freesia Room, 3rd Floor, Handayani Hospital, Kotabumi, North Lampung, March 14-16, 2022
xv + 63 pages, 9 tables, end 2 images

ABSTRACT

Diabetes Mellitus is one of the leading causes of morbidity and mortality worldwide, with approximately 1.3 million people dying and 4% dying before the age of 70. In 2030 it is estimated that Diabetes Mellitus is the 7th leading cause of death in the world.

The purpose of writing this final report is the author can increase knowledge and skills in applying nursing care to the patient Mrs. E with a case of diabetes mellitus in the freesia room, 3rd floor, Handayani General Hospital, North Lampung.

From the results of the study found data, namely the patient said the body felt weak and easily tired. The patient said that his blood sugar level was high with a GDS of 393 g/dl. The patient said he often felt thirsty and hungry easily, the patient said he often urinated 10 times/day. The patient said that he was dizzy and had pain in the head area. The patient said the activity was assisted by the family. The patient said that his activities were limited, so the nursing diagnoses that emerged were instability of blood glucose levels, acute pain, activity intolerance. Nursing plans and implementation are made according to the needs and according to the patient's condition.

The conclusion from this final project report is that not all theories of the nursing process for diabetes mellitus cases are in accordance with the patient's condition in reality. Suggestions should be able to improve the difficulties in carrying out nursing care and provide more complete information and references in the development of medical surgical nursing science, especially nursing care for patients with Diabetes Mellitus.

Key words : Nursing Care, Diabetes Mellitus Nutritional and Fluid Disorders

Reading source : 15 (2012-2022)