

**POLITEKNIK KESEHATAN TANJUNG KARANG
JURUSAN KEPERAWATAN TANJUNG KARANG**
Laporan Tugas Akhir, 2020

Adellia

**Asuhan Keperawatan Dengan Gangguan Pemenuhan Kebutuhan Oksigenasi
Pada Pasien Penyakit Paru Obstruksi Kronis (PPOK) Diruang Paru RSUD
Jendral Ahmad Yani Metro 2020.**

xvii + 108 halaman, 10 tabel, 3 gambar, 6 lampiran

ABSTRAK

Masalah penumpukan lendir serta sekret dan menyumbat jalan napas sering terjadi pada pasien PPOK sehingga terjadi ketidakefektifan bersihkan jalan nafas, resiko tinggi infeksi, Obstruksi dan emfisema. sampai dengan menyebabkan Gangguan pertukaran gas karena ketidakseimbangan ventilasi-perfusi dan perubahan membran alveolus-kapiler (Mutaqqin, 2012). Hasil Riset Kesehatan Dasar (Riskesdas, 2018) di dapatkan prevalensi penderita penyakit paru obstruktif kronik (PPOK) di Indonesia sebanyak 4,5% dengan prevalensi terbanyak yaitu Provinsi Sulawesi Tengah sebanyak 5,5%, di Lampung sebanyak 1,3%. Tujuan penulisan laporan Asuhan Keperawatan ini adalah menggambarkan asuhan keperawatan pasien Penyakit Paru Obstruksi Kronik (PPOK) dengan Gangguan Kebutuhan Oksigenasi Diruang Paru RSUD Jendral Ahmad Yani Metro. Yang dilaksanakan pada tanggal 25-29 Februari 2020. Metode pengumpulan data menggunakan metode proses keperawatan. Hasil asuhan keperawatan pada Tn A umur 52 tahun keluhan utama sesak nafas, batuk produktif dengan sputum yang kental, ditemukan masalah gangguan pola nafas dengan intervensi keperawatan utama manajemen jalan nafas. Setelah diberikan intervensi didapat hasil masalah keperawatan pola nafas teratasi. Dari hasil tersebut penulis menyarankan kepada manajemen perawatan dan perawat pelaksana dalam memberikan asuhan keperawatan menggunakan standar-standar seperti standar diagnosis, standar luaran dan standar intervensi yang telah disahkan oleh profesi.

Kata Kunci : Asuhan Keperawatan, Oksigenasi, Penyakit Paru Obstruksi Kronis (PPOK).

Daftar Bacaan : 10 (2008-2016)

**POLYTECHNIC OF HEALTH TANJUNGKARANG
DEPARTMENT OF NURSING TANJUNGKARANG**
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**NURSING CARE WITH IMPAIRED FULFILLMENT OF
OXSYGENATION NEEDS IN PATIENTS WITH CHRONIC
OBSTRUCTIVE PULMONARY DISEASE (COPD). IN THE LUNG
ROOM OF THE JENDRAL AHMAD YANI HOSPITAL METRO IN 2020.**

xvii + 108 page, 10 table, 3 picture, 6 attachment

ABSTRACT

Problems with mucus and secretions and airway congestion often happen occur in COPD patients, resulting in ineffective airway clearance, a high risk of infection, obstruction and emphysema. to cause interruption of gas exchange due to an imbalance of ventilation-perfusion and alveohus-capillary membrane changes (Mutaaqqin, 2012). The results of the Basic Health Research (Risikesdas, 2018) obtained the prevalence of patients with chronic ebstructive pulmonary disease (COPD) in Indonesia as much as 4.5% with the highest prevalence, namely Central Sulawesi Province at 5.5%, in Lampung as much as 1.3%. The purpose of writing the Nursing Care report illustrates the nursing care of patients with Chronic Obstructive Obstructive Pulmonary Disease (COPD) with Oxygenation Disorders in the Lungs Room General Hospital Ahmad Yani Metro. Which was carried out on 25-29 Febuan 2020. Data collection methods using the nursing process method. The results of nursing care at Mr. Aged 52 years old major complaints of shortness of breath, productive cough with thick sputum, found problems with breathing pattern problems with the main nursing intervention airway management. After the intervention was obtained, the results of the nursing problem of breathing patterns were resolved. From these results the authors suggest that care management and implementing nurses provide nursing care using standards such as diagnosis standards, outcome standards and intervention standards that have been approved by the profession.

Key Words : nursing care, oxygenation, chronic obstructive obstrutive pulmonary disease (COPD).
Reading Material : 10 (2008-2016)